

EARTHQUAKE

BE PREPARED • TAKE PRECAUTIONS • STAY SAFE



Prepare children for emergencies



Teach Response options to children

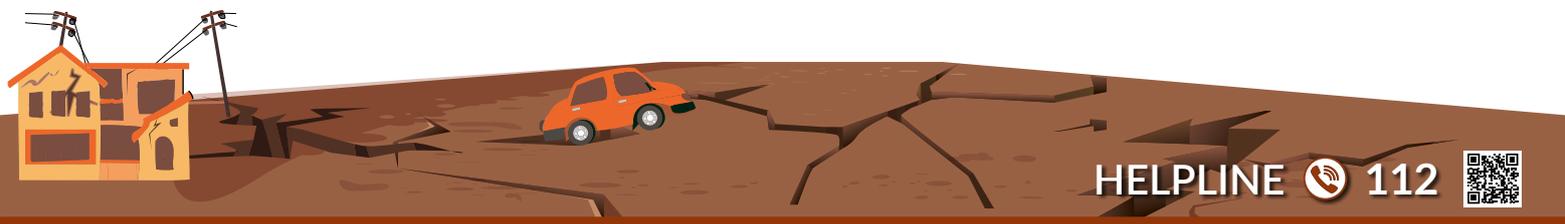
Get Out: Get away, go to safe place stay there



Keep Out: Keep danger out. Lock and Block doors and windows and stay away



Hide Out: Hide under a table or large furniture. Move towards open ground when shaking stops.



HELPLINE 112



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If you find a child lost or separated from parents/relatives/caregiver

Protect children from getting hurt or misguided



Inform on child helpline # 1098



Take the child to the child-friendly zone (handover to the nominated caregiver)



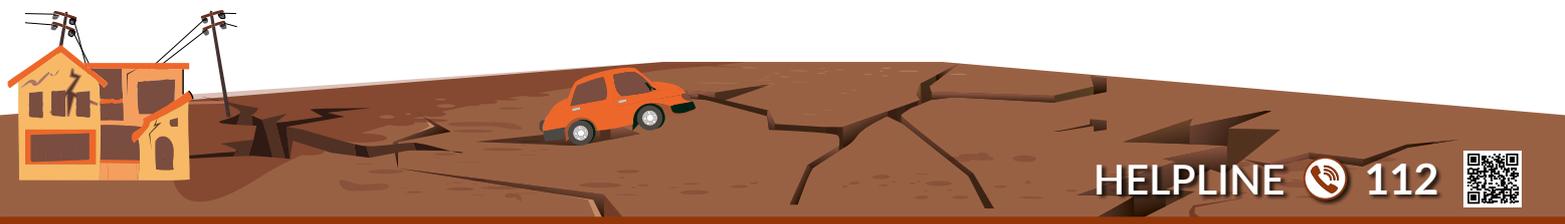
Check child's contact information and inform on that number



Inform officials like police or rescue team



Check for any injury and ensure medical aid required



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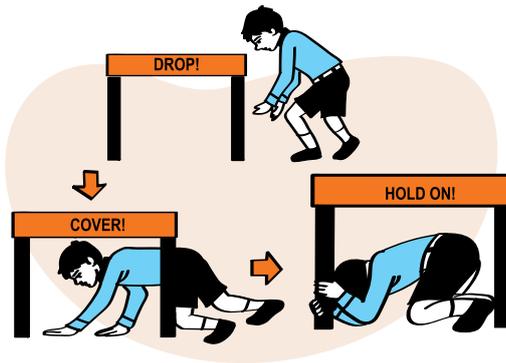
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Prepare children on how to stay safe



Ask children to stay inside and away from doors and windows



Teach drop, cover and hold in case of tremors



Avoid walking on rubble



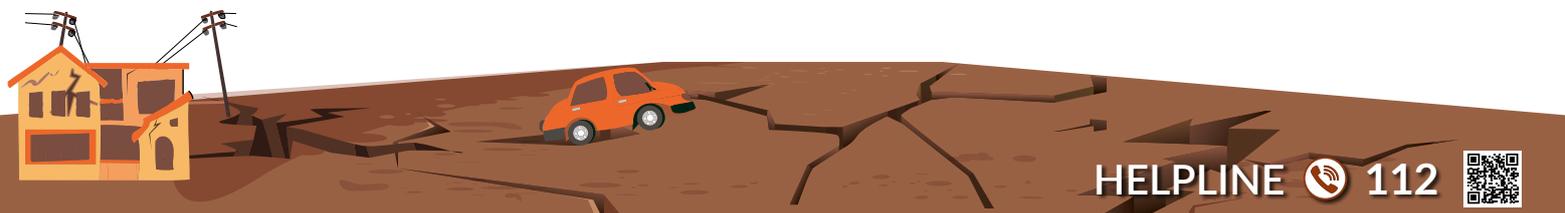
If under rubble, minimise movement, conserve energy, cover your nose and mouth



When under rubble avoid shouting, flashlight is preferred or blow a whistle when you hear movement



Talk to your children, pay attention and let them explain their concerns and fears



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Tips to remember during an earthquake

At School or Office



Stay away from bookshelves and windows, and hide under the table.

While driving



Pull over to the side of the road, stop the engine and leave the vehicle without pulling the key out of the ignition.

In an Elevator



Press the buttons for all floors and step out of the elevator as soon as the door opens.

Near a Building



Stay away from the building or anything that may collapse or fall down.

At Mall or Store



Follow the instructions of the staff.

Near the Sea



Run away from the sea to higher ground to avoid tsunami.

On a Bus or Train

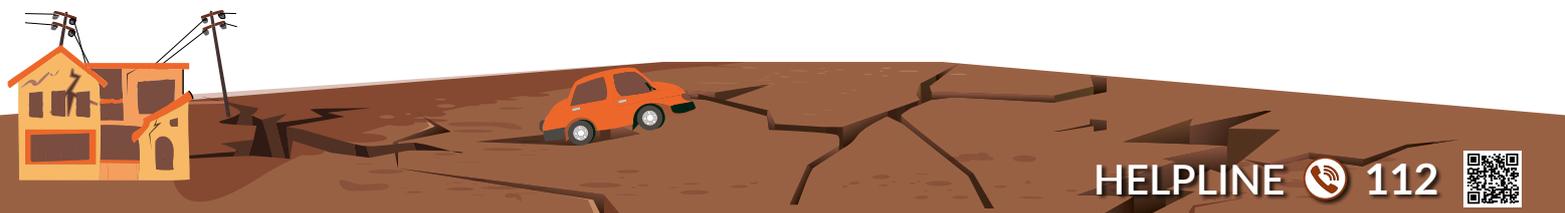


Follow the instructions of the staff, and refrain from rushing out of the door.

Near a Mountain



Evacuate to a safe place as a mountain or a cliff may collapse.



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